

Elements body Lycra is currently used throughout the world to assist in the treatment of patients diagnosed with various conditions, including Cerebral Palsy, Acquired Brain Injury, Cerebellar Ataxia, Stroke and Ehlers-Danlos syndrome, to name a few.

Since the mid-1980s studies have shown that treatment with Lycra-based dynamic orthoses can control abnormal muscle tone, stabilise posture and increase functional abilities in users with neurological disorders. This seminar will go into further detail to support the findings of these studies, and will also ensure you fully understand the Elements Body principles, applications, measurements and protocols of patient assessment. You will also gain knowledge of the range of interventions available from Elements Body Lycra in today's clinical setting.

## Learning Outcomes

- Understand the function of Elements Body
- Full awareness of possible clinical interventions
- Understanding of indications and contraindications for the use of Elements body
- Measurement and prescription process for Elements Body
- Different options and variations available
- Understanding of function and placement of reinforcements – when and why?
- Importance of assessment and review within multidisciplinary team for target setting
- Fitting of Elements body doffing/donning and possible garment alterations

## Learning Objectives

- To be competent at patient assessment for Elements Body
- Understand reasoning for patient selection
- Full understanding of measurement system for Elements Body
- Knowledge of available product options and variants, ordering process and alterations for Elements Body

08.30	Registration & Coffee
09.00	Welcome and Introduction
09.15	History Of Allard EB / Lycra Orthotic Management
09.30	Introduction to Elements Body
10.45	Coffee
11.00	Measuring for Elements body
12.15	Lunch
13.00	Reinforcements, Modifications and Design
14.30	Case Studies
15.00	Coffee
15.15	Taking Measures
16.45	Summary and Finish

## Elements Body Lycra Orthosis Education Seminar

### OUR SPEAKERS!

Michael Vaughan Dip MBAPO

HPC registered Orthotist with 30 years clinical orthotic practice. Michael is responsible for education, technical and clinical product support to our customer base within the UK and is the Product Specialist for our Elements Body range of Lycra garments.

Helle Thomas, CPO

Helle Thomas is a Certified Prosthetist & Orthotist from the University of Health in Jönköping, Sweden. She has specialized in education/training in Dynamic Lycra Garments since 1997, from Stockholm and Nottingham. She has been part of the development team for the Elements Body product range, been involved in all the clinical testing and has worked as Product Specialist of Dynamic Lycra Garments for the past 16 years. She is also a member of ISPO Denmark and Nordic Spinal Deformity Society.

Register at [www.allarduk.co.uk/seminars](http://www.allarduk.co.uk/seminars) - today!

## Welcome!

**allard**<sub>UK</sub>

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**allard**<sub>UK</sub>

## Education Seminar

We would like to invite you to join us for an inspiring full day seminar focusing on the use of Elements Body Lycra Orthosis.

## Thursday 28 June 2018

Venue: Hilton Garden Hotel  
1 Brunswick Square  
Brindley Place  
Birmingham  
B1 2HW



\*Register at [www.allarduk.co.uk/seminars](http://www.allarduk.co.uk/seminars) - today!

*\*Please note you need at least windows Explorer version 9 to register online.*