

Welcome to Half Day Seminar

Clinical Management of the Wrist & Hand

Allard Prefabricated Splints & Custom Lycra®

Thursday 5th June 2025

Mercure Cardiff North Hotel
Circle Way
Llandeyrn, Cardiff North
CF23 9XF

Wednesday 11th June 2025

The Plaza Hotel
Tallaght
Dublin 24

Daily Schedule

Morning Seminar 09:00 – 12:30
Lunch 12:30-13:30 For All Participants
Afternoon Seminar 13:30-17:00

Registration Options

NB: At each venue we are running two identical seminars on the same day, please ensure you only register for one.

Who should attend

All HCPC registered therapists working with patients with bio-mechanical and neurological impairment of the hand and wrist.

Cost: £20 Per Person this includes registration, all course materials, lunch and CPD certificate.

Register Via: www.allarduk.co.uk/education/seminars



Splinting with either custom or prefabricated products is essential to protect and support the hand and wrist and their surrounding structures, to maintain and enhance functional potential. Splinting is also utilized to prevent deformities by ensuring the hand and wrist are positioned correctly to maintain length and alignment.

Learning outcomes:

- Review the anatomy, and the neurological and bio-mechanical impairments that could benefit from the use of upper limb splints and Lycra®
- Understand clinical presentations and how they benefit from the use of Allard UK Selection, Elements Body Lycra® and S.O.T range of upper limb splints
- Increase your knowledge and awareness in relation to the versatility of prefabricated Selection, S.O.T and custom Elements Body Lycra®
- Gain experience through demonstration of the fitting of Allard prefabricated splints
- Understand how your patients can benefit from the correct selection and application of splints

Speaker:

Lydia Dean, Occupational Therapist

Lydia has over 46 years' experience as an OT, with 36 years' experience in delivering and teaching hand therapy and splinting the hand as well as 28 years' experience in the clinical application of Lycra® garments as an adjunct to therapy intervention.



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